

**West Boylston Council on Aging Meeting Minutes for
September 9, 2010**

Attendance: Gail Radcliffe, Carol McGuiggan, Maureen Osthues, Janice Myers, and Marcia Cairns.
Absent Chuck Hudson, Ed Philbin, Janice Ash, Fran McHugh, Nancy Barakian.

Call to Order: Maureen Osthues at 6:05PM.

Secretary's Report: Motion made by Carol McGuiggan and seconded by Gail Radcliffe to approve the minutes as read with correction of 2 typos. All in favor.

Director's Report: Marcia reports Managing for results report incomplete, and will be given next month. Marcia reviewed upcoming programs, including Salter School luncheon on September 30th, and an upcoming evening program with Social Security geared towards young seniors who are planning to retire to be held on September 16th. On September 21st, the diabetic Support Group will have a pharmacist from CVS speak on diabetic medications and how other medications and over the counter drugs can affect these medications. On September 23rd, Joanna Thibodeau, PT will talk on how to prevent falls and keep yourself safe in your home.

Marcia also gave an update on the Building Comm.; stating they were seriously looking at the Baptist Church on Lancaster St., which has been offered as a lease to purchase plan. This would house the Town Offices as well as the Senior Center. They are looking to make the recommendation to the Selectmen after the town Meeting.

Marcia reported she has a meeting scheduled on September 14th with Mr. Murphy, the new Middle high School Principal and Jennifer Breen, a School Comm. member, to discuss the possibilities of intergenerational programs.

Old Business: FY2011 Goals were discussed; although there were no suggestions for new goals, it was suggested that we try to engage students to assist putting together a publicity packet geared toward younger seniors, and create a pathway to distribute them. It was also suggested to somehow create a group that will assist seniors with stairs and walk clearing after snow storms, and to prevent ice from building up after rain storms.

New Business: none

Next Meeting: October 14th

Adjournment: Motion was made by Carol McGuiggan and seconded by Gail Radcliffe to adjourn at 7:10PM; all in favor